



**Living Well**

a special advertising section  
for the healthiest you

# CLEVELAND CLINIC

## *Medical Excellence*

Since its founding in 1921, Cleveland Clinic has steadily built upon its reputation for medical excellence. The center has produced a multitude of medical breakthroughs, such as the isolation of serotonin, “no-touch” colorectal surgery, coronary angiography, minimally invasive aortic heart valve surgery, and the development and refinement of coronary bypass surgery.

National polls of physicians and hospitals consistently recognize Cleveland Clinic for its excellent medical care. In the results of the “America’s Best Hospitals” survey of 5,189 hospitals recently released by *U.S. News & World Report*, Cleveland Clinic ranks as one of the top three hospitals in the United States. The publication also cited Cleveland Clinic’s Heart & Vascular Institute as the nation’s best — for the 12th consecutive year.

## *Your Own Concierge*

Cleveland Clinic’s Medical Concierge Service, a unique benefit for out-of-state patients, can facilitate and coordinate your Cleveland Clinic experience. Your Medical Concierge provides the following complimentary services: assistance with coordinating multiple appointments; scheduling or confirming airline reservations; assistance with hotel and housing reservations; arranging taxi or car service; and providing information about leisure activities for family members. Your Medical Concierge also can accompany you



to your appointments and, if your visit includes a hospital stay, your Medical Concierge can make arrangements for private nursing.

## *Designed for Your Well-Being*

Cleveland Clinic has partnered with Canyon Ranch — a nationally renowned wellness and life-enhancement company — to create a revolutionary preventive approach to wellness. Through strategic collaboration, the Cleveland Clinic-Canyon Ranch Executive Health program now offers a comprehensive array of leading-edge diagnostics, treatments, and lifestyle management techniques.

Patients receive a comprehensive clinical evaluation aimed at targeting and eliminating health problems and reducing health risks, a thorough discussion of a personalized path to wellness, and nurturing life-improvement experiences, such as nutrition guidance, exercise plans, and stress-reduction techniques, designed to optimize quality of life and increase one’s sense of well-being.

Whether going to Cleveland Clinic in Cleveland, Ohio, or to either of Canyon Ranch’s resorts in Tucson, Arizona, or Lenox, Massachusetts, patients can be assured of having the full attention of dedicated physicians and other health professionals, including experts in nutrition, exercise physiology, stress management, and integrative wellness. At any one of these three locations, patients will have access to the clinical and diagnostic expertise of one of America’s leading medical centers, plus the support of the most skilled and knowledgeable wellness services available.

